

Symptoms of H1N1 (Swine) Flu

- The symptoms of H1N1 (Swine) flu are similar to seasonal flu, but may include additional symptoms such as **vomiting and diarrhea**.

Symptoms of Seasonal and H1N1 (Swine) Flu:

| Seasonal Flu | H1N1 (Swine) Flu |
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| <p>All types of flu can cause:</p> <ul style="list-style-type: none"> ○ Fever ○ Coughing and/or sore throat ○ Runny or stuffy nose ○ Headaches and/or body aches ○ Chills ○ Fatigue | <p>Similar to seasonal flu, but symptoms may be more severe.</p> <p>There may be additional symptoms. A significant number of H1N1 (Swine) flu cases:</p> <ul style="list-style-type: none"> ○ Vomiting ○ Diarrhea |

Emergency Warning Signs - If you become ill and experience any of the following warning signs, seek emergency medical care.

| Emergency warning signs in children: | Emergency warning signs in adults: |
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| <ul style="list-style-type: none"> ○ Fast breathing or trouble breathing ○ Bluish or gray skin color ○ Not drinking enough fluids ○ Severe or persistent vomiting ○ Not waking up or not interacting ○ Being so irritable that the child does not want to be held ○ Flu-like symptoms improve but then return with fever and worse cough | <ul style="list-style-type: none"> ○ Difficulty breathing or shortness of breath ○ Pain or pressure in the chest or abdomen ○ Sudden dizziness ○ Confusion ○ Severe or persistent vomiting ○ Flu-like symptoms improve but then return with fever and worse cough |