



NDPA UPDATE REGARDING Season and H1N1 (Swine) Flu



Dear Parents,

As you may know, flu is easily spread from person to person. Therefore, we are taking steps to reduce its spread at North Davis Preparatory Academy. We want to keep the school functioning and open to students in a normal manner during this flu season.

Here is what NDPA is doing:

- NDPA is working is educating teachers, staff and students on limiting the spread of illness. The seasonal flu and H1N1 spread through droplets. Practicing good hygiene remains the most effective way to limit the spread of illness.
- NDPA has purchased extra hand sanitizer and other disinfecting products to be placed in teacher's classrooms and public areas for use throughout the day.
- NDPA has increased our nightly disinfecting and cleaning.

We need your help. Here is what you can do.

- **Be prepared to pick your child immediately if your child becomes sick at school.** We will take his/her temperature and notify you that he/she is not feeling well. If the student has a fever, we ask that you or someone you have approved, to pick him/her up immediately. Any children who are determined to be sick while at school *will be expected to leave school.*
- **Update or add to your emergency contacts so your student can be picked up immediately.** If your contact information has changed or you would like to add another emergency number or contact person, please notify the office as soon as possible. You can email the information or call us to check your list.
 - **Email:** wsmart@northdavisprep.org
 - **Call:** 801-547-1809 or 801-336-3601
- **Davis County Health Department encourages you to vaccinate your students** in order to limit the possibility of their becoming ill with the seasonal flu, thereby increasing their susceptibility to the H1N1 virus. The H1N1 vaccine will be available as soon as it is approved and distributed first to those with pre-existing medical conditions, such as asthma. Those who are considered at the greatest risk for health complications should make the H1N1 vaccination a priority.
- **Teach your children to wash their hands** often with soap and water or an alcohol-based hand rub. You can set a good example by doing this yourself.
- **Teach your children not to share personal items** like drinks, food and utensils.
- **Teach your student** to cover their coughs and sneezes with tissues. Covering up their coughs or sneezes using the elbow, arm or sleeve instead of the hand when a tissue is unavailable.
- **Keep sick children at home. In order to keep as many children healthy as possible we are asking that if your child is sick with a fever that you keep her/him home from school** for at least 24 hours *after* they no longer have fever or do not have signs of fever, without using fever-reducing drugs. Keeping children with a fever at home will reduce the number of students who may get infected.
- **Know the signs and symptoms of the flu.** Symptoms include:
 - fever (100 degrees Fahrenheit, 37.8 degrees Celsius or greater),
 - cough, sore throat, a runny or stuffy nose,
 - body aches, headache, and feeling very tired.
 - Some individuals may also vomit or have diarrhea.
- **Make up work.** Students will make up school work AFTER they return. **Please do not ask the teacher for make up assignments while your child is ill.** Upon returning to school, your teacher will work with you and your child to determine which assignments your child will make up as necessary for student learning.

We are working closely with the Davis County Health Dept. and the Utah State health department to monitor flu conditions and make decisions about the best steps to take concerning schools. We will keep you updated with new information as it becomes available. For now, we are doing everything we can to keep our school functioning as usual.

For more information, see the attached flyer/additional information or visit www.flu.gov or call 1-800-CDC-INFO for the most current information about the flu. For additional information about flu symptoms, visit www.northdavisprep.org .

Sincerely,

North Davis Preparatory Academy Administration
October 15, 2009