



HOME OF THE LIONS  
NORTH DAVIS PREPARATORY ACADEMY

## 8<sup>th</sup> Grade Zion Campout



Congratulations on applying for the 2019 Eighth Grade Zion Campout! The campout will take place May 18-21, 2018. This campout is a full camping experience where your student will experience all the beauty that Zion National park has to offer with such legendary hikes as Angel's Landing with Walter's Wiggles, Archaeology Trail, and even the Narrows! They will also learn all about the unique geology that Utah has as well as the experience of camping in the great outdoors. We will be tent camping at the Watchman Campground in Zion National Park and doing activities in the park each day. You will be learning survival skills and even how to cook meals for you and your fellow campers. If you are wanting your child to experience all this trip has to offer please review all the information contained in this packet. Submit with your payment, student questionnaire and parent consent form to the front office no later than Friday, March 29, 2019.

### Campout details:

- Dates: May 17, 2019 – May 20, 2019
- Campout Fee: \$75
  - Included in fee:
    - ✓ Transportation to and from Zion National Park
    - ✓ Food while at Zion National Park and lunch for trip home
    - ✓ Camping Fees
    - ✓ Water hiking gear equipment rental for The Narrows or Kannaraville Falls (Runoff Levels will determine hike location)
  - Not** Included in fee:
    - ✓ Food for trip down to Zion National Park (Snack for ride down)
    - ✓ Camping Equipment (More information will be given on equipment needed at the parent informational meeting)
    - ✓ Personal spending money while on the trip

Deadline for payment and parent consent form is **Friday, March 29, 2019**. Please submit all completed forms and payments to the front office.

The rest of this packet contains information on itinerary for the campout, as well as training dates to prepare. Please keep all but the final pages of this packet for your records.

## **Training/Informational Dates:**

Training dates are designed to help prepare your child physically, mentally, and logistically for 4 days and 3 nights away from home. Please plan on your child attending each day as missing one may make their trip more difficult. If you anticipate missing a training date ahead of time please notify Mr. Garcia or Ms. Adams so they can make other arrangements to get your child prepared.

### **Friday, March 15, 2019; 2:00 p.m. – 3:00 p.m.**

Parent informational meeting. This meeting is not mandatory to attend unless you want more specific information on the basics of the campout.

### **Friday, March 29, 2019**

\$75 fee paid in full and parent consent form signed. All items are given to the front office.

\*Questionnaire is not due until later date.

### **Thursday, April 25, 2019; 3:15 p.m. – 4:00 p.m.**

Equipment introduction: Both the student and a parent are required to attend this training. We will be covering the equipment needed by your student for the campout as well as introducing you to the chaperones for the trip. Your child will also be ordering their dinner backpacking meals at this time as well. You will receive a list of recommended equipment to plan for the trip.

### **Thursday, May 9, 2019; 3:10 p.m. – 4:00 p.m.**

Equipment check off and meal packing: Both student and parent are required to attend this training. Your child will receive their travel book with the equipment list. They will then rotate to a series of stations to get “checked off” by one of the chaperones as being ready for that aspect of the trip. The stations are as follows: Clothing, Food, hiking gear, Backpack pack up, Chaperone/Camping Group Assignment, Final Check off.

## Travel Itinerary for 2019 Zion Campout:

This itinerary is tentative and is subject to change based on trail safety and availability with weather conditions. Your child's safety is our top priority.

### Friday, May 17, 2019

- 8:00 A.M.** Check-in at school
- equipment sign off by chaperones
  - Load up gear into pre-arranged vehicles
- 9:00 A.M.** Depart NDPA
- 11:30 A.M.** Arrive Fillmore, UT
- Bathroom break, fill-up fuel
- 11:45 A.M.** Depart Fillmore, UT
- 2:15 P.M.** Arrive Watchman Campground, Zion National Park, UT
- Group site E-007
- 2:30 P.M.** Set-up Base Camp
- Tents set up.
  - Gear unpacked and ready with day pack at campfire site.
  - Safety training Briefing. (Using shuttle system, whistle protocol, hygiene in park, etc.)
- 4:15 P.M.** Walk to Visitor's Center
- Students in buddy system tour visitor's center and complete pages in camp book for Visitor's Center
- 4:45 P.M.** Walk back to Base camp
- 5:00 P.M.** Dinner.
- Ready-made meal of choice
  - Cleanup
- 6:30 P.M.** Compass training and activity
- 8:15 P.M.** Get beds ready.
- 8:30 P.M.** Watchman evening program (Watchman campground amphitheater)
- Discover what makes Zion such a special place. 45-minute evening programs address a myriad of topics, including the geology, people, and animals of the park. Program topic TBD.

**9:15 P.M.** Return to basecamp  
-Camping Group 1 host entertainment for evening. (Campfire, smores, game, etc.)

**10:00 P.M.** Lights out.  
-Personal Hygiene, stow gear for night.  
-Dress warm. Temp gets down to below 50 degrees at night.

**Saturday, May 18, 2019:**

**6:00 A.M.** Up and at 'em!  
-Breakfast – Menu TBD  
-Personal Hygiene at bathrooms wipe faces, etc.  
-Pack lunch – Sandwiches, etc. (Specific meal TBD)

**7:00 A.M.** Walk Pa-Rus trail to Museum

**7: 30 A.M.** Arrive at Museum.  
-View sunrise at natural amphitheater for photograph opportunities and group photo  
-View movie and complete information in book about Museum stop.  
-Gift shop for souvenir purchase

**8:30 A.M.** Board shuttle at Visitor's Center for shuttle stop 6 (The Grotto)  
-Take short walk across road to trail head.

**9:00 A.M.** Arrive the Grotto Shuttle Stop 6  
-Begin Hike to Angel's Landing.  
-Considered a 4 hour hike for the slowest of hikers.  
-Parent helper will hike partway but will remain at top but not on the point.  
-Students do not have to go out to the point. Just getting to top is the goal.

**2:00 P.M.** Return to Zion Lodge  
-Lunch! Eat lunch packed that morning.  
-Tour gift shop, bathrooms, refill water bottles

**2:30 P.M.** Board shuttle to stop 7 (Echo Canyon/Weeping Rock)

**2:10 P.M.** Arrive Shuttle stop 7 (Weeping Rock) (duration 3 hours)  
\*subject to change with weather (See alternate hike if needed)  
-Echo Canyon Hike (Slot canyon Hike)  
-Water/Snack breaks as needed  
\*Alternate hike Scout Lookout (Shuttle Stop 8)

- 5:10 P.M.** Return to shuttle stop and board shuttle to return to Visitors Center
- 5:45 P.M.** Arrive visitor's Center – Walk back to base camp (Watchman Campground)
- 6:00 P.M.** Dinner (Ready-made meals)
- 7:00 P.M.** Campfire!
  - Group 2 provide entertainment
- 9:00 P.M.** Lights out.
  - Personal Hygiene and in bed.
  - Tomorrow the Narrows!

**Sunday, May 19<sup>th</sup>**

- 7:00 A.M.** Up and at 'em!
  - Breakfast: Yogurt, Fruit, granola
  - Hygiene, clean tents, etc.
- 8:00 A.M.** Zion Outfitters for Narrows Equipment
  - Load up in chaperone groups to town for equipment fitting and check out
- 9:30 A.M.** Return to base camp and get ready for \*The Narrows.
  - \*Alternate hike will be Kanarrville Falls if water flow is too fast at The Narrows
- 10:00 A.M.** Board shuttle at visitor's Center for Shuttle Stop 9 Temple of Sinawava (Riverside Walk)
  - Take riverside walk to Narrows entrance. (Will carry most of gear in packs)
- 10:30 A.M.** Arrive at narrows entrance
  - Gear up! \*Don't forget to put all valuables in Ziploc in pack before setting out.
  - Mr. Garcia will lead group into Narrows for 1.5 hours in then head back to Narrows Entrance.
- 1:30 P.M.** Arrive at Narrows Entrance
  - Continue walk on Riverside Trail back to shuttle pick up location. (Stop 9)
- 2:15 P.M.** Arrive at Shuttle stop 9.
  - Strip wet equipment, lay in sun and let dry. Eat Snack.
  - Students explore River Walk and work on camping book.
- 3:00 P.M.** Board shuttle to return to base camp.
- 3:30 P.M.** Arrive Base camp.
  - Two chaperones return all equipment to Zion Outfitters.
- 4:00 P.M.** Hike Watchman trail from campground

-Students work on camping book with species identification.

- 6:00 P.M.** Dinner (Ready-made meal of choice) and clean - up  
-Organize gear, pack up non-essentials for trip home tomorrow ☹️
- 7:00 P.M.** Activity with Ms. Adams using head lamps and Camping books for species identification  
-Archeology trail
- 8:00 P.M.** Group 3 led fun activity
- 9:00 P.M.** Lights out! (Shouldn't be a problem after the day they had)

### **Monday, May 20<sup>th</sup>**

- 8:00 A.M.** Up and at 'em!
- 8:15 A.M.** Breakfast. Yogurt, fruit, granola.
- 9:00 A.M.** Pack gear into bags/vehicles  
-last minute bathroom, chaperons check area, kiddos clean up area  
-Chaperones will sign off on each student for gear check before loading into vehicles.
- 10:00 A.M.** Return trip to NDPA  
-Will have students contact parents when we get on the road.
- 12:30 A.M.** Arrive Scipio, UT  
-Bathroom break, fill-up vehicles fuel  
-Petting zoo! They have Zonkies and peacocks!
- 12:45 A.M.** Depart Scipio, UT
- 3:15 A.M.** NDPA in time for regular Pick up!

Please remember that this itinerary is subject to change based on weather conditions, snow run off, etc. Final itinerary will be announced at the first parent meeting on April 25, 2019 at Equipment introduction.

**Student Questionnaire** – This questionnaire is designed to help the chaperones get to know you better. Your answers do not inhibit your ability to attend the campout. Please be as honest as possible and please answer each question to the best of your ability.

**First Name:** \_\_\_\_\_

**Last Name:** \_\_\_\_\_

1) Have you ever been camping before? \_\_\_\_\_

If yes, how many times in the past 5 years? \_\_\_\_\_

2) When you camp do you do backpacking, tent camping, RV camping or another type?

\_\_\_\_\_

3) Have you ever cooked a meal before? \_\_\_\_\_

4) Have you ever been hiking before? \_\_\_\_\_

If so, what was the longest hike you did (estimate in Kilometers)?

\_\_\_\_\_

5) Have you ever stayed a night away from your parents and family? \_\_\_\_\_

If so, how many nights? \_\_\_\_\_

6) What is your favorite part of spending time in nature? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

7) Do you play any sports? If so, what? \_\_\_\_\_

8) If someone were to walk into your room right now, how would they describe it?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

9) How long does it take you to get ready for school in the morning? \_\_\_\_\_

10) Your best friend needs help with something at their house on a Saturday. Is it okay to be late?

Why or why not? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11) What is your favorite meal? \_\_\_\_\_

12) What is your favorite snack? \_\_\_\_\_

13) How much water do you typically drink in one day?

(Estimate using Milliliters) \_\_\_\_\_

14) You are on a hike and see a deer run across the path. What is your first reaction? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

15) On that same hike you then see a lizard run across the path. What is your reaction? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

16) Same hike, same path, but now you see a spider. What is your reaction? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



# Informed Consent

## North Davis Preparatory Academy Student Trip – 2019 8<sup>th</sup> Grade Zion Campout

This is an Informed Consent Form for Minors, which identifies risks of participating in the North Davis Preparatory Academy student trip for the 2017 Science Olympiad Zion Campout, and a Consent for parents/guardians.

North Davis Preparatory Academy is providing an opportunity for junior high student to travel to Zion Nation Park, Utah, and participate in the 2019 8<sup>th</sup> Grade Campout on May 17 to May 20, 2019.

Students will travel by licensed and background checked adult chaperone drivers. Students will be supervised by approved Chaperones, Rhonda Adams, Daniel Garcia, Shaion Allen, Dawn Fambro, Amy Wilde, where they will participate in the full camping and hiking experienced as detailed in the 2019 Zion Campout travel book.

**Injury may result from a student's participation in this activity. Students are expected to familiarize themselves with the activity and what is required, including rules of conduct for the activity. Students are expected to follow proper operating procedures including safety procedures as outlined by the activity supervisors, plus any directions given by an authorized school employee.**

### Student Consent

I, \_\_\_\_\_, acknowledge that I have familiarized myself with what is required to participate in this activity, will follow the rules of conduct, will follow the operating procedures, and will follow any directions given by an authorized school representative.

\_\_\_\_\_  
(Signature of student)

### Parental Consent

The undersigned, the legal guardian of \_\_\_\_\_ (hereinafter "student"), a student at North Davis Preparatory Academy under eighteen years of age, in consideration of student's participation in this activity, do hereby agree to this consent.

I recognize that participation in this activity may involve moderate to strenuous physical activity and while unlikely due to risk reduction measures, may cause physical and or emotional harm or distress to participants. There may also be associated health and safety risks. I state that the student is free from any known heart, respiratory or other health problems that could prevent student from safely participating in any of the activities.

Consent is expressly given, in the event of injury, for any emergency aid, anesthesia and/or operation, if in the opinion of the attending physician, such treatment is necessary.

**I have carefully read and understand the contents of the foregoing language and I specifically intend it to cover student's participation in this activity.**

Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_

(Parent or legal guardian signature)