



## Welcome to LEONES Athletics!

As a part of the Utah Charter & Small School Athletic League (UCSSAL), we participate in a variety of athletics for Grades 6<sup>th</sup>-9<sup>th</sup> with other schools in the region. Scheduling information for each sport can be found at [www.ucssal.org](http://www.ucssal.org).

### **FALL (August—October)**

#### **Boys' & Girls' Cross Country (Varsity only): Head Coach Aimee Bichler**

1 League Invitational + 5 regular-season meets + 1 regional meet + 1 state meet  
Tryouts—NONE. All participants are welcome. Practice starts Monday, August 19<sup>th</sup> at 3:30 in front of the JH, and will be held after school daily.

#### **Boys' Fútbol (Varsity only): Head Coach Mateo; Asst. Coach Alvaro**

10 regular-season games + post season regional/state tournament  
Tryouts—August 14<sup>th</sup> & 15<sup>th</sup> 1:30-3:30 on the JH Field  
All home games will be played on Ellison Park Field #6

#### **Girls' Volleyball (Varsity & JV): Head Coach Cary Moss; Asst. Coach Jerrel Colvin**

10 regular-season games + post season regional/state tournament  
Tryouts—August 14<sup>th</sup> & 15<sup>th</sup> 1:30-3:30 in the JH Gym

### **WINTER Pt. 1 (October--December)**

#### **Boys' Basketball (Varsity & JV): Head Coach Noal Loertcher; Asst. Coach Eric Bartelson; Asst. Coach Dawn Fambro**

10 regular-season games + post season regional/state tournament  
Tryouts—TBD. Usually end of September/beginning of October.

### **WINTER Pt. 2 (January-March)**

**Girls' Basketball (Varsity & JV): Head Coach Noal Loertcher; Asst. Coach Spring Bryant**  
10 regular-season games + post season regional/state tournament  
Tryouts—TBD. Usually end of November/beginning of December.

## **SPRING (March-May)**

**Co-Ed Ultimate Frisbee: Coach Ammon Campbell**  
2 tournaments  
Tryouts—TBD. Sometime in March

**Girls' Fútbol (Varsity only): Head Coach Mateo; Asst. Coach Alvaro**  
10 regular-season games + post season regional/state tournament  
Tryouts—TBD. Sometime in Feb.

**Boys' Volleyball (Varsity & JV): Head Coach Jerrel Colvin**  
10 regular-season games + post season regional/state tournament  
Tryouts—TBD. Sometime in Feb.

**Co-Ed Spirit Squad (Cheer & Dance): Head Coach Ashlee Astle; Asst. Coach Hollie Draney**  
Cheer @ all home volleyball & basketball games & XC meets + assemblies + state tournaments for all sports + cheer competitions + cheer clinic & halftime show  
Dance @ 2 basketball halftime games + assemblies + dance competitions  
Tryouts for next year's squad—TBD. Sometime in March/April

## **PAPERWORK**

### **PHYSICALS**

All athletes MUST have a doctor's signed physical before they will be eligible to participate in any competition. Physicals are valid for **one year from the date on the form** and therefore must be renewed yearly for continued participation from one year to the next. Physicals may cover multiple sports as long as the activity is within one year of the date on the physical.

### **ATHLETE AGREEMENTS**

#### **1) NDPA Agreement**

As a member of one of NDPA's athletic teams, it is expected that an athlete's behavior and attitude will reflect the high standards that we hold here at NDPA. We require all athletes to agree to represent NDPA well.

#### **2) Coach's Agreement**

Each coach has expectations for their specific teams, and athletes will be required to understand and agree to the coach's requirements for participation.

## **PARENT/GUARDIAN AGREEMENTS**

As a condition of participation on any athletics team, all families of athletes will be required to donate volunteer hours to their athlete's team. Volunteer opportunities will be outlined by individual coaches, according to the team's need.